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RECEIVED 28 May 2023 ACCEPTED 08 August 2023 PUBLISHED 30 August 2023

CITATION

Adak S, Bandyopadhyay K, Purakayastha TJ, Sen S, Sahoo RN, Shrivastava M and Krishnan P (2023) Impact of contrasting tillage, residue mulch and nitrogen management on soil quality and system productivity under maize-wheat rotation in the north-western Indo-Gangetic Plains. *Front. Sustain. Food Syst.* 7:1230207. doi: 10.3389/fsufs.2023.1230207

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The sustainability of dominant rice-wheat rotation is under threat due to numerous water-, nutrients-, weeds- and environment-related problems, mainly, due to rice cultivation in north-western Indo-Gangetic Plains (NWIGP) of India. It needs crop- and soil- appropriate management techniques with a focus on conservation agriculture (CA) that can maintain soil health which in turn is essential for long-term sustainability of intensive cereal-based systems. Thus, rice-wheat rotation may be diversified with maize as feasible substitute for rice. But, there is a dearth of comprehensive investigation on the impact of shortterm CA in maize-wheat rotation, on soil quality. Hence, an attempt has been made to assess the system productivity (SP) and soil quality in a four-year-old CAbased maize-wheat rotation. Contrasting tillage as the main plot [Conventional tillage (CT), No-tillage (NT)], crop residue mulch as subplot [residue mulch (M+), no residue (M0)], and nitrogen [50 (N1), 100 (N2), 150% (N3) of recommended nitrogen dose] as sub-sub plot was laid out in split-split plot design. Soils sampled from 0-0.05, 0.05-0.15, and 0.15-0.30 m soil layers were examined to develop a unified soil quality index (SQI) through principal component analysis (PCA) and expert opinion. The available K, P, total organic carbon (TOC), EC, bulk density (BD), dehydrogenase activity (DHA), and soil microbial biomass C (SMBC) were identified as the crucial minimum data set for SQI using PCA. Results showed that, NT and M+ plots had 10.52 and 17.39% higher mean weight diameter (MWD) than CT and M0, respectively at 0-0.05 m soil depth. NT and M+ plots increased TOC by 5.26 and 8% than CT and M0 plots, respectively in 0-0.05 m soil layer. Available K and P were found to be significantly higher in M+ plots than that of M0. NTM+ treatments improved SMBC and DHA than CTM0 treatments. The highest and lowest SQI was registered with NTM + N3 and CTM0N1, respectively. SP was significantly and positively correlated with SQI. Diversification of ricewheat system with maize-wheat rotation following CA practices appears to have a positive impact on soil health. Therefore, CA-based maize-wheat rotation may be recommended to improve soil quality and system productivity in NWIGP region.

KEYWORDS

maize-wheat rotation, conservation agriculture, soil quality parameters, soil quality index, principal component analysis, expert opinion, system productivity

1. Introduction

The overwhelming concern for agricultural sustainability is the numerous changes intensive agriculture brings, including the imbalanced and excessive application of fertilizer, the environmental pollution risk, and the decline of soil and water quality. Most critically, the rice-wheat system in north-western Indo-Gangetic Plain (NWIGP) region has numerous challenges that threaten its long-term sustainability. The main issues are the depletion of natural resources (Chauhan et al., 2012), the deterioration of soil quality (Das et al., 2021), the rapid decline of the water table (Jain et al., 2021), the disruption of the ecological balance (Srinivasarao et al., 2019), and low nutrient productivity. Therefore, the region's food security is constantly under threat, and the issue is made worse by the changes in the global environment (Fischer et al., 2002; FAO, 2005; Gupta et al., 2016). These negative elements have encouraged the development of alternative crops and farming techniques that are more resourceefficient and environmentally benign (Aulakh et al., 2012). Recently, maize-wheat crop rotation is being encouraged as a substitute to ricewheat system since they are more suited for a variety of ecologies and produce higher yields with less water consumption (Parihar et al., 2016). Maize has a much-reduced irrigation demand (500–700 mm) in comparison to direct-seeded (1300-1400 mm) and transplanted (2000-2100 mm) rice. This can increase system efficiency and maintain soil and environmental quality. In the NWIGP, maize and wheat are conventionally sown via broadcasting after intensive dry tillage (3-4 harrow passes, 1-2 cultivators, and 1 planking) operations and with flood irrigation (Das et al., 2018). Traditional production methods are not only inefficient with regard to inputs, but they also raise input costs. Around 25% of the overall production cost is attributed to heavy tillage and crop establishment, which lowers net revenue (Hobbs et al., 2007). Therefore, the primary research issue is to create an alternative production method that is input effective, can support agricultural output, and can produce more for less money (Gathala et al., 2011).

Conservation agriculture (CA) have emerged as an exemplar shift in agricultural practices having significant positive impact on soil quality, carbon sequestration and sustainable agricultural production as well as mitigation of climate change (Naresh, 2016). CA is currently being pushed and implemented for sustainable agricultural strengthening (FAO, 2011; Saad et al., 2016). It provides chances for maize and wheat in NWIGP region for water conservation and better crop establishment (Das et al., 2018). Additionally, CA-based methods like zero tillage (ZT) or no tillage (NT) indicate minimal soil disturbances, residue retention, and crop biodiversity through the balanced application of organic and inorganic fertilizers which improves soil health. Moreover, the CA practices lead to enhancement in soil carbon sequestration (Bhattacharyya et al., 2015). CA techniques also avoid soil erosion due to better soil aggregation and the shielding effect of crop mulches (Vanlauwe et al., 2014). CA increases soil quality and plant water use efficiency, making it more productive than CT (Brunel et al., 2013; Muchabi et al., 2014). In comparison to a conventional tilled (CT) system, a 10-year-old CA in the eastern IGP under ZT or permanent beds (PB) indicated significantly greater system productivity (Jat et al., 2019). By increasing the continuous pore system, which in turn leads to a rise in capillary porosity, conservation tillage improves the water-holding capacity (WHC) (Bhattacharyya et al., 2006). The profile distribution and concentration of soil organic carbon (SOC) are improved by longterm ZT in conjunction with optimal fertilizer and residue management, which also leads to positive changes in hydraulic conductivity (HC), porosity, soil aggregation, WHC (Dey et al., 2016; Bhattacharyya et al., 2019). SOC along with the availability of all the nutrients was enhanced by combining CA with correctly balanced nutrition management (Dey et al., 2016; Jat et al., 2019). Additionally, the use of these alternate tillage and crop establishment techniques promotes timely sowing of both crops, which raises yield. Hassan et al. (2005) found a 30 and 65% improvement in yield and water productivity (WP) of maize under NT raised bed than that of CT from a 4-year trial on sandy clay loam soil. Ram et al. (2011) stated a comparable yield but greater economic revenues from a maize-wheat rotation grown on NT raised beds than that of conventional tillage system on a loamy sand.

Despite the fact that CA is becoming more significant in tropical regions, there is still ongoing discussion on the profitability, yield, and advantages of CA over traditional practices. Therefore, establishing soil quality index (SQI) as a management goal in relation to crop system productivity and tracking changes in SQI as a result of various tillage, residue, and nitrogen management practices would undoubtedly provide a convincing declaration about the viability and sustainability of CA under maize-wheat rotation in NWIGP. According to Doran and Parkin (1994), "Soil quality is the capacity of a soil to function within ecosystem and land-use boundaries to sustain biological productivity, maintain environmental quality, and promote plant and animal health." It is a common practice to quantify the impact of every alteration in management strategy on overall soil quality employing the SQI (Andrews et al., 2002). Improvements in soil microbial diversity, enzymatic activity, and soil microbial biomass carbon (SMBC) are some of the immediate effects of balanced nutrition management in CA (Ghosh et al., 2019). In the upcoming years, variations in those responsive characteristics, which aid as an early cautionary sign of variations in further soil quality factors like nutrient availability, will become apparent (Jia et al., 2014). Additionally, CA has certain negative effects on soil physical qualities during the early years of adoption, such as higher BD, lower oxygen diffusion rates, and decreased soil temperatures (Lampurlanés and Cantero-Martínez, 2003) but in the long run, when the system gets stabilized there is improvement in soil physical health under CA. The soil's chemical, physical, and biological indicators and their interactions are exceedingly complicated (Karlen et al., 2003). Thus, the most vital phase in the computation of SQI is choosing an adequate minimum data set (MDS) relating to soil functions sensitive to management approaches. Principal component analysis (PCA) is a helpful statistical tool in the selection of MDS for SQI computation (Andrews et al., 2002). The Soil Management Assessment Framework (SMAF) was created by Andrews et al. (2004) to improve the methodology for assessing SQI, and it allows for the selection of indicators dependent on management objectives, linked soil functions, and additional site-specific considerations. In order to determine the sustainability and viability of CA under different cropping system (tropical or subtropical) in India, it is also necessary to measure variations in SQI that result from various management approaches.

In this context, we examined the impact of CA after 4 years on soil quality under a maize-wheat rotation in the hot, subtropical NWIGP agro-ecological region in India. We hypothesized that CA based systems have higher SQI than conventional tillage systems. To test this hypothesis, the specific objective of the current study was (a) to monitor the changes in physical, chemical, and biological soil quality indicators, (b) to assess soil quality index (SQI) and (c) to develop relationship between SQI and system productivity of maize-wheat system. In a novel method, this study relates to the assessment of SQI under the maize-wheat rotation in Inceptisol of NWIGP of India using two approaches, i.e., expert opinion and PCA. The derived methodology might be used to measure soil quality for comparable soils under similar agro-climatic environments worldwide.

2. Materials and methods

2.1. The study site description and climate

A field study was undertaken in a four-year-old continuing CA experiment with a set of management methods under the maizewheat rotation. The experiment was set up in the ICAR-IARI research farm in New Delhi, India ($28^{\circ}35'$ N latitude, $77^{\circ}12'$ E longitude, and at an altitude of 228 m AMSL). The soil is having sandy loam texture, well-drained, and slightly alkaline. The initial representative 0–15 cm soil sample had medium levels of Av-P (7.3 kgha⁻¹) and K (275.0 kg ha⁻¹) but low levels of organic C (Walkley and Black C) (4.2 g kg⁻¹) and Av-N (290 kg ha⁻¹).

The trial site is mainly dominated by a semi-arid climate with dry, scorching summers and a short, harsh winter. The coldest month (January) prevails a mean monthly minimum and maximum temperature range of 5.9°C and 19.9°C, respectively. The equivalent temperature ranged between 24.4 and 38.6°C in May, which was the hottest month. The average total of precipitation each year is 651 mm. The S-W monsoon (July to September) accounts for 75% of total rainfall.

2.2. Experimental details

The experiment was set up using a split-split plot design, with two main plot tillage combinations (CT and NT), two levels of residue mulch [residue @ 5 Mg ha^{-1} (M+) and no residue removal (M0)] as the subplot, and three levels of nitrogen [50 (N1), 100 (N2), and 150% (N3) of the recommended nitrogen dose] as the sub-sub plot. Three replications of the treatments were done. Single super phosphate (SSP) and muriate of potash (MOP) fertilizers were administered uniformly to all treatments at sowing time for both the crops. The sub-sub plot measured 4.5×5 meters square.

2.3. Crop establishment

The maize crop (cv. PMH1) was sown in the 1st July of 2017 at a seed rate of 20 kg ha⁻¹ with 60 cm row spacing and 20 cm plant spacing. The third week of November 2017 was selected for the wheat (cv. HD2967) sowing with a 22.5 cm row spacing and a seed rate of 100 kg ha⁻¹. Maize and wheat were harvested in October (2nd week) 2017 and April (2nd week) 2018, respectively. In CT, tillage was done twice: once with a disc plough and again with a cultivator with duckfoot tines. After that, the ground was leveled and seed drills were used to plant the seeds. In the case of NT, the seed was sown employing an inverted T-style no-till seed drill. Crop residue from the previous season was used as mulch and spread @ 5 Mgha-1 in the residue mulch treatments. Fertilizers were administered at rates of 150:75:75 and 120:60:60 kg ha⁻¹ of N: P₂O₅:K₂O for maize and wheat respectively, in accordance with the recommended doses. Urea was applied as a source of N in four splits to maize (20% at sowing, 20% at 4-leaf, 30% at knee-high, and 30% at tasseling) and three splits to wheat [at sowing (50%), CRI stage (25%), and flowering (25%)]. Using the USDA SCS approach, the effective rainfall was subtracted from the precipitation data (Cropwat 8.0). As per the crop water requisite for individual treatment, crops were irrigated at critical stages and in the dry periods. Weeds were managed in the NT plots by spraying glyphosate @ 1.0 kg active ingredient (a.i.) ha⁻¹ 2 days before the sowing. Herbicides were used in accordance with best practices to manage weeds in standing crop (Nath et al., 2017).

2.4. Soil sampling and methods of analysis

Subsequently, after the maize harvest in 2017, soil samples were collected and subjected to various analysis. Soil was sampled from each plot of 12 treatments that were replicated three times at three depths (0-0.05, 0.05-0.15, and 0.15-0.30 m) (thus total number of samples was 108). For the examination of soil biological, physical, and chemical properties, each composite sample was split into three groups. Examination of biological parameters, for the first batch of the composite soil samples, was done by maintaining it at 4°C in a refrigerator. The other two sets were air-dried, processed, ground, and passed through a sieve (2mm) and were used to analyze soil physical and chemical properties following standard procedures. For assessing soil bulk density, 108 single intact soil cores (diameter = 5 cm and length = 5 cm) were collected (Black and Hartge, 1971). In the realm of physical attributes to evaluate the soil physical health, MWD, porosity, and BD of the soil were examined. Following laboratory measurements of aggregate stability employing the wet sieving method, the MWD was estimated (Kemper and Rosenau, 1986), and porosity was calculated using BD and particle density (Hati et al., 2007). To determine the chemical composition of the soil, we assessed TOC using an automatic analyzer (Vario EL, Elementar Analysensysteme GmbH, Hanau, Germany), available-P (Av-P) (Olsen, 1954), available-N (Av-N) (Subbiah and Asija, 1956), available-K (Av-K) (Hanway and Heidel, 1952), electrical conductivity (EC), and pH (Jackson, 1973). Under the biological parameters we analyzed SMBC and DHA using the chloroform fumigationextraction method (Vance et al., 1987), and the release of triphenyl formazan from the reduction of 2,3, 5-triphenyl tetrazolium chloride (Dick et al., 1996), respectively.

2.5. Maize–wheat system productivity

Maize crop was harvested at the physiological maturity in October (2^{nd} week) 2017 while wheat was in April (2^{nd} week) 2018. From net plots that were harvested, the grain yields were estimated (2-border rows and 0.50 m in the perpendicular direction were excluded). The grain yield was calculated and expressed as Mg ha⁻¹ at 12% moisture content. Wheat yield was expressed in terms of maize equivalent yield (MEY). Using Eq. 1, the wheat yield was transformed into MEY to determine system productivity. The MEY for wheat was calculated using the minimum support price (MSP) for wheat announced by the Indian Government.

$$MYE \text{ of wheat} = \frac{\text{wheat yield} \times MSP \text{ of wheat}}{MSP \text{ of maize}}$$
(1)

The cumulative of maize yield and MEY of wheat, a measure of system productivity, was employed in this study to evaluate soil quality in accordance with Lal et al. (2017).

2.6. Determination of soil quality index (SQI)

2.6.1. Identification of minimum dataset

The Andrews et al. (2004) "Soil Management Assessment Framework (SMAF)" was used to choose, analyze, and combine indicator measures into a unified SQI. In order to create a minimum data set (MDS), the first phase of the SMAF is to identify essential soil properties. Principal component analysis (PCA) and the conceptual framework (CF), or expert opinion (EO), were the two methods employed in the current study to create an MDS. "Productivity" was selected as the primary management goal for the expert opinion-based SQI (EO-SQI) in this study (Andrews et al., 2004). The soil functions selected under the "productivity" objective included "nutrient cycling," "physical stability and support," "water relations," "resistance, and resilience" (Table 1). On the other hand, to determine the most sensitive parameter, PCA of all the soil parameters was also performed. High eigenvalue principal components (PCs) would effectively represent system variance (Brejda et al., 2000). Therefore, only PCs having eigenvalues greater than one were included in this study (Kaiser, 1960). Based on the highest factor loading, the most sensitive parameter in each PC was chosen, and parameters that varied by <5% were included. When multiple variables were present in a single PC, the correlation was utilized to fix whether redundant variables may be removed from the MDS for SQI assessment (Andrews et al., 2001).

2.6.2. Weight of the soil indicators

According to the EO-SQI assessment, each soil function received a distinct numerical weight based on its significance in achieving the overarching objective (productivity) of sustaining soil quality (Table 1). The weights for indicators indicating distinct soil functions were chosen based on the published literature and expert opinion (EO) (Andrews et al., 2004). All soil function weights added together equals to 1.00. On the other hand, the weightage of all the key components utilized for PCA-SQI, was determined by dividing the variation (%) of every principal component by the total variation (%) (Biswas et al., 2017).

2.6.3. Scoring of the soil indicators

Adopting the approach by Sharma et al. (2008), the MDS was modified using a linear scoring function, where the "more is better" philosophy was included for the majority of the MDS indicators. However, for the BD, pH (alkaline soil), and EC, "less is better" function was accepted. With the exemption of BD, pH, and EC, all other soil parameters were given scores of 1.0 for the maximum experimental value, meaning that they had the greatest values (more is better), while for the others the experimental value was divided by the maximum value for normalization. For BD, pH, and EC, the score 1.0 was assumed to be related to the least value and for others, the lowest value was divided by the other observed values for normalization.

TABLE 1 Indicators and soil functions with assigned weights in conceptual framework or expert opinion.

Management goal	Soil functions	Weight	Indicator	Weight
Productivity		0.4	Av- N	0.3
			Av- P	0.1
			Av- K	0.1
	Nutrient cycling		SMBC	0.2
			DHA	0.1
			pH	0.1
			EC	0.1
	Dhusi as lata bilitas an dauna ant	0.2	MWD	0.6
	Physical stability and support	0.2	BD	0.4
	Water relations	0.2	Porosity	0.5
	water relations	0.5	TOC	0.5
	Resilience and Resistance	0.1	TOC	1.0

2.6.4. Computation of SQI

After the normalization, the SQI value (Eq. 2) was computed by summing the multiplication of the weightage of the MDS variables (Wi) with the score (Si) of those variables.

$$SQI = \sum_{i=0}^{n} Wi * Si$$
⁽²⁾

Here, it was assumed that a higher SQI value would indicate higher soil quality and improved performance of soil functions.

2.7. Statistical analysis

Using SAS (Statistical Analysis System) software, the analysis of variance (ANOVA) approach was used to statistically examine all of the data using the split-split plot design (Gomez and Gomez, 1984). *F*-test was employed to determine the significance of the treatment effects and the significant difference between the means was computed employing Duncan's Multiple Range Test (DMRT) at *p*-value<0.05. Correlation analysis amongst the soil parameters was exercised using the "ggplot2" package (Wickham and Chang, 2015) in R version 4.2.1. The PCA analysis was performed employing "factoextra" (Kassambara and Mundt, 2017) and "FactoMineR" (Lê et al., 2008) packages in R studio (Version 4.2.1).

3. Results and discussion

3.1. Soil physical quality parameters

It was observed that BD (Mgm⁻³) under NT (1.56) at 0–0.05 m was 4.0% higher than CT (1.50) whereas, at 0.05–0.15 and 0.15–0.30 m, BD (1.64, 1.72) under NT were higher than that of CT (1.58, 1.67) by 3.8 and

3%, respectively (Table 2); although the variations in BD between NT and CT were not statistically significant. Hati et al. (2015) and Martín-Lammerding et al. (2013) have also reported similar findings. At 0-0.05 m soil layer, the BD with residue mulch plots was 4.0% lower ($p \le 0.05$) than that with no mulch treatment. This may be because mulched plots have significantly more organic matter and increased earthworm activity, which enriched soil aggregation and porosity (Acharya et al., 2005). The MWD was between 0.73 and 1.17 mm, 0.74 and 1.07 mm, and 0.61 and 0.96 mm for soil depths of 0-0.05, 0.05-0.15, and 0.15-0.30 m, respectively (data not shown). At top soil and 0.05-0.15 m, plots under NT had MWD improvements of 10.52 and 8.5% compared to CT plots. Additionally, MWD in mulched plots (1.08 mm) increased significantly over no mulch treatment (0.92 mm) by 17.39% in the topsoil (Table 2). However, at lower depths residue retention had no substantial effect on the MWD. The use of organic residues contributed to the increased aggregate stability, as shown by the higher MWD values. Additionally, delaying the macroaggregate turnover rate due to reduced tillage in NT encouraged the production of stable soil aggregates (Six et al., 2000; Hati et al., 2015; Acar et al., 2018; Adak et al., 2019) leading to improved MWD at 0-0.05 m soil layer (Parihar et al., 2020). However, varied management practices had no substantial effect on soil porosity (Table 2).

3.2. Soil chemical quality parameters

Different tillage, residue, and nitrogen management practices had a significant impact on soil chemical parameters in various soil layers (Tables 3, 4). The TOC, a soil quality measure, was positively and significantly affected by the tillage and residue mulching (Table 3). Plots under NT demonstrated a higher TOC than that of CT by 5.26 and 5.48% at 0–0.05 and 0.05–0.15 m soil depths, respectively. In comparison to no mulch treatment, the residue retention treatment considerably increased TOC by 1.08–fold in the topsoil and 1.07–fold at 0.05–0.15 m soil layer. Under an NT regime, higher SOC may be caused by better soil aggregation in top soil layer (Mohammad

TABLE 2 Soil physical parameters as affected by tillage, residue, and N management.

	Bulk density (Mg m⁻³)			Mean we	ight diamet	er (mm)	Porosity (%)		
Depth(m)	0-0.05	0.05- 0.15	0.15- 0.30	0-0.05	0.05– 0.15	0.15- 0.30	0-0.05	0.05- 0.15	0.15– 0.30
Effect of tillage									
СТ	1.50 ^{a#}	1.58ª	1.67ª	0.95 ^b	0.88^{b}	0.75ª	43.34ª	40.31ª	36.98ª
NT	1.56ª	1.64ª	1.72 ^a	1.05ª	0.94ª	0.85ª	41.26ª	38.18ª	35.16ª
Effect of residue	es								
M0	1.56ª	1.62ª	1.71ª	0.92 ^b	0.87ª	0.79ª	41.32ª	38.81ª	35.66ª
M+	1.50ª	1.60ª	1.68ª	1.08ª	0.94ª	0.81ª	43.27ª	39.69ª	36.48ª
Effect of Nitrog	en								
N1	1.53ª	1.64ª	1.71ª	1.05ª	0.91ª	0.82ª	42.17ª	38.30ª	35.38ª
N2	1.52ª	1.61ª	1.72ª	1.01ª	0.92ª	0.81ª	42.55ª	39.25ª	35.28ª
N3	1.53ª	1.59ª	1.66 ^a	0.96ª	0.90 ^a	0.77ª	42.17ª	40.19ª	37.55ª
LSD (T)	-	-	-	0.09	0.05	-	-	-	-
LSD (M)	_	_	_	0.13	_	_	_	_	-
LSD (N)	_	-	_	_	_	-	_	_	_

* Mean values in a column within a depth followed by different letters are significantly different according to DMRT at p < 0.05. "--" represents non significance.

	рН			EC (dS m ⁻¹)			Total organic carbon (%)		
Depth(m)	0-0.05	0.05– 0.15	0.15- 0.30	0-0.05	0.05– 0.15	0.15- 0.30	0-0.05	0.05– 0.15	0.15- 0.30
Effect of tillage									
СТ	7.82ª#	7.88ª	8.03ª	0.44ª	0.45ª	0.36ª	0.76 ^b	0.73 ^b	0.70ª
NT	7.61ª	7.79ª	8.00ª	0.48ª	0.43ª	0.35ª	0.80ª	0.77ª	0.71ª
Effect of residues									
M0	7.80ª	7.90ª	8.05ª	0.45ª	0.43ª	0.35ª	0.75 ^b	0.74 ^b	0.68ª
M+	7.63 ^b	7.77 ^b	7.98 ^b	0.47ª	0.45ª	0.36ª	0.81ª	0.79ª	0.74ª
Effect of Nitrog	en								
N1	7.77ª	7.91ª	8.14ª	0.52ª	0.47ª	0.34ª	0.80ª	0.75ª	0.70ª
N2	7.74 ^a	7.85 ^a	8.02 ^b	0.42ª	0.44ª	0.34ª	0.76ª	0.78ª	0.72ª
N3	7.64 ^b	7.75 ^b	7.88°	0.44ª	0.42ª	0.38ª	0.78ª	0.76ª	0.71ª
LSD (T)	-	-	-	-	-	-	0.03	0.03	-
LSD (M)	0.12	0.07	0.07	_	_	-	0.05	0.04	_
LSD (N)	0.09	0.07	0.11	-	-	-	-	-	-

TABLE 3 Soil physico-chemical properties as affected by tillage, residue, and N management.

* Mean values in a column within a depth followed by different letters are significantly different according to DMRT at p<0.05. "-" represents non significance.

TABLE 4 Available Macro-nutrients of soil as affected by tillage, residue, and N management.

	Available N (kg ha ⁻¹)			Avail	able P (kg h	a ⁻¹)	Available K (kg ha ⁻¹)		
Depth(m)	0-0.05	0.05- 0.15	0.15- 0.30	0-0.05	0.05- 0.15	0.15- 0.30	0-0.05	0.05– 0.15	0.15- 0.30
Effect of tillage									
СТ	43.52ª#	86.38ª	123.50ª	3.13ª	6.96ª	7.22ª	171.25ª	247.10ª	306.96ª
NT	49.08ª	90.28ª	134.98ª	3.81ª	6.93ª	7.93ª	225.46ª	287.33ª	350.30ª
Effect of residu	es								
M0	46.53ª	88.55ª	128.83ª	3.39 ^b	6.02 ^b	6.83ª	183.39 ^b	247.41 ^b	293.25 ^b
M+	46.07ª	88.12ª	129.65ª	3.85ª	7.87ª	8.32ª	213.32ª	287.02ª	364.00ª
Effect of Nitrog	en								
N1	42.73°	85.66°	122.88°	3.24ª	6.19ª	7.83ª	183.20ª	256.58ª	334.07ª
N2	46.51 ^b	87.88 ^b	129.10 ^b	3.79ª	6.96 ^a	8.03ª	194.93ª	256.23ª	320.50ª
N3	49.65ª	91.45ª	135.74ª	3.38ª	7.69ª	6.85ª	216.94ª	288.83ª	331.32ª
LSD (T)	-	-	-	-	-	-	-	-	-
LSD (M)	_	_	_	0.14	1.69	_	20.15	25.29	23.85
LSD (N)	3.04	2.01	4.29	_	_	_	_	_	-

* Mean values in a column within a depth followed by different letters are significantly different according to DMRT at p<0.05. "-" represents non significance.

et al., 2012; Hati et al., 2015; Fernández et al., 2017; Naab et al., 2017). The accumulation of organic matter in the soil through crop residues was also responsible for a higher TOC content in the surface layer. Applying crop residue mulch shields the soil from the effect of raindrops, which enhances soil aggregation (Iqbal et al., 2011; Das et al., 2021). Nevertheless, the impact of tillage and residue mulching was not substantial for lower soil depth while the effect of nitrogen management was also non-significant.

The experimental field's soil pH ranged from 7.38 to 7.89, 7.55 to 7.9, and 7.81 to 8.26 at soil depths of 0–0.05, 0.05–0.15, and 0.15–0.30 m, respectively (data not shown). Tillage had no discernible impact on soil pH, whereas treatments with residue mulching had significantly

decreased soil pH than that of no residue treatments at all soil depths (Table 3). This might be caused by the release of organic acid throughout the breakdown of crop residue (Mrabet et al., 2001). At all soil depths, the higher nitrogen dose caused a significant drop in soil pH. Lower soil pH may be caused by localized nitrogen mineralization with greater nitrogen doses (Ghimire et al., 2017). EC varied from 0.31 to 0.57 dS m⁻¹ (0–0.05 m), 0.32 to 0.53 dS m⁻¹ (0.05–0.15 m), and 0.27 to 0.40 dS m⁻¹ (0.15–0.30 m) (data not shown). The impact of various management practices on EC, however, was not statistically significant (Table 3).

The effect of tillage, residue mulch, and N management on the availability of nutrients are presented in Table 4. However, the tillage and mulching effect on Av-N was not significant. This outcome is

consistent with that of Monsefi et al. (2014), who reported that tillage treatments had no discernible effect on plant Av-N. However, the mulching treatments increased available-N more in the 0-0.15 m soil layer than in the 0.15-0.30 m soil layer (Das et al., 2014). As anticipated, the increase in nitrogen doses led to a considerable increase in the Av-N content in all layers. Tillage had no discernible effect on Av-P in any of the soil layers. At 0-0.05 and 0.05-0.15 m soil layers, plots with residue mulch treatment exhibited considerably higher Av-P compared to those without mulch treatment by 13.56 and 30.7%, respectively (Table 4). Higher Av-P could result from organic acid release during the decomposition of residues and native P solubilization in residuemulched plots (Piegholdt et al., 2013; Dorneles et al., 2015). Similarly, results showed no significant effect of tillage on Av-K (Table 4). Plots under residue retention had 16.32, 16.0, and 24.1% more Av-K than residue removal plots at topsoil, 0.05-0.15, and 0.15-0.30 m soil depths, respectively. Meena et al. (2018) investigated that under CA, cereal residues provide a better amount of K to the soil by means of decomposition since their biomass contains a higher concentration of K.

3.3. Soil biological quality parameters

Soil microbiological activities *viz.*, SMBC and DHA were positively affected by different tillage, residue retention, and N management practices (Garcia et al., 1997; Roldan, 2003). Average over residue and nitrogen treatment, at 0–0.05, 0.05–0.15, and 0.15– 0.30 m soil layers, it was found that SMBC under NT was significantly greater than CT by 22.54, 29.91, and 6.56%, respectively. Residue mulching also significantly increased SMBC by 5.03, 34.07, and 13.61% as compared to residue removal treatment for 0–0.05, 0.05– 0.15, and 0.15–0.30 m, respectively (Table 5). Plots under N3 resulted in significantly higher SMBC by 26.3 and 34.1% as compared to N1 plots at 0–0.05 and 0.05–0.15 m soil depth, respectively. Higher SMBC with an increase in nitrogen doses may have been caused by microbial proliferation in the presence of better nitrogen availability. Similar findings were recorded about DHA. The experimental data of DHA was found to be higher in NT than that of CT at topsoil, 0.05–0.15, and 0.15–0.30 m soil layers by 13.7, 4.2, and 11.2%, respectively. Crop residue retention had a similar impact on DHA. It was 19.1 and 13.3% higher than residue removal plots at 0–0.05 and 0.15–0.30 m soil depths, respectively. Our observations are in agreement with Govaerts et al. (2007), who found that residue retention considerably enhanced surface soil MBC compared to the no residue treated plots during a long-term experiment on subtropical soil. The microorganisms may obtain their energy from the continuous influx of C provided by crop waste. This could explain why the residue-amended plots had higher enzyme activity than the residue-removal plots.

3.4. SQI based on expert opinion (EO-SQI)

The "conceptual framework (CF) or expert opinion (EO)" based SQI was calculated for all three depths (Figure 1). In the CF-SQI, all 11 soil indicators were taken into account and they have been weighted based on their contribution to crop productivity. Av-N was given the highest weight. Nitrogen was considered as one of the most important key indicators of soil quality due to its direct association with crop growth (Andrews et al., 2002). The weights assigned for soil functions, i.e., nutrient cycling, physical stability & support, water relations, and resistance & resilience were 0.4, 0.2, 0.3, and 0.1, respectively (Table 1). The EO-SQI was calculated using Eq. 3.

$$EO - SQI = \begin{bmatrix} 0.4^{*} \begin{pmatrix} 0.3 \times Av - N \text{ score } + 0.1 \times Av - P \text{ score} \\ + 0.1 \times Av - K \text{ score } + 0.2 \times \text{SMBC score} \\ + 0.1 \times \text{DHA score } + 0.1 \times \text{pH score} \\ + 0.1 \times \text{EC score} \end{pmatrix} \end{bmatrix} + \begin{bmatrix} 0.2^{*} (0.6 \times \text{MWD score } + 0.4 \times \text{BD score}) \end{bmatrix} + \begin{bmatrix} 0.3^{*} (0.5 \times \text{TOC score } + 0.5 \times \text{porosity score}) \end{bmatrix} + \begin{bmatrix} 0.1^{*} (1.0 \times \text{TOC score}) \end{bmatrix}$$

TABLE 5 Effect of tillage, residue, and N management practices on soil biological parameters.

	Soil microbial	biomass carbor	n (μg g ⁻¹ soil)	Dehydrogenase activity (μ g TPF g ⁻¹ soil day ⁻¹)				
Depth(m)	0-0.05	0.05-0.15	0.15-0.30	0-0.05	0.05-0.15	0.15-0.30		
Effect of tillage								
СТ	303.03 ^{b#}	208.96 ^b	148.82 ^b	14.10 ^b	10.04 ^b	4.68 ^b		
NT	371.35ª	271.46ª	158.58ª	16.04ª	10.46 ^a	5.20ª		
Effect of residues								
M0	328.91 ^b	196.70 ^b	143.91 ^b	13.76 ^b	10.42ª	4.63 ^b		
M+	345.47ª	263.72ª	163.50ª	16.38ª	10.07ª	5.25ª		
Effect of Nitrogen								
N1	300.58°	188.58°	126.02°	12.80 ^c	9.68 ^b	4.58°		
N2	331.30 ^b	228.90 ^b	138.53 ^b	14.77 ^b	9.84 ^b	4.72 ^b		
N3	379.68ª	273.15ª	196.56ª	17.64ª	11.23ª	5.52ª		
LSD (T)	11.05	7.16	4.92	0.11	0.12	0.14		
LSD (M)	6.09	2.43	9.71	0.17	-	0.12		
LSD (N)	12.32	11.42	9.48	0.18	0.48	0.07		

* Mean values in a column within a depth followed by different letters are significantly different according to DMRT at p < 0.05. "-" represents non significance.

The EO-SQI varied from 0.783 to 0.930, and 0.780 to 0.909 for the soil layers of 0-0.05, 0.05-0.15 m, respectively while it ranged from 0.794 to 0.913 at 0.15-0.30 m soil layer. The highest EO-SQI was recorded in NTM + N3, NTM + N3, and NTM + N2 for topsoil, 0.05–0.15 and 0.15–0.30 m soil layers, respectively (Figures 1A,C,E). The effect of tillage and residue mulching was found to be significant (p < 0.05) on EO-SQI. For soil depths 0–0.05 m, NT has enhanced the EO-SQI by 6.5% compared to CT, while it was determined to be 3.0 and 4.8% for other soil depths (0.05–0.15 and 0.15–0.30 m, respectively) (Figures 1D-F). EO-SQI under residue mulch treatments was improved over no mulch plots by 6.3 and 5.8% for topsoil and 0.05–0.15 m soil layer, respectively. Das et al. (2016) reported a similar result, where the treatment with crop residue and NPK displayed the highest SQI value because of significant improvements in the soil's physical characteristics. Mohanty et al. (2007) also observed the most beneficial impact of ZT on soil quality in wheat.

3.5. SQI based on principal component analysis (PCA-SQI)

3.5.1. Key soil indicators and PCA-SQI for 0–0.05 m soil layer

In order to compare the soil quality indices between the treatments, PCA was also used to analyze 11 soil quality indicators of 0-0.05 m soil layer (Figure 2). Only three principal components (PCs) with eigenvalues >1 were identified by PCA as main components, accounting for 79% of the variation in the MDS (Table 6). Based on these, the Av-K was found to be the variable with the highest weight in PC1 and was followed by SMBC, while in PC2 and PC3, TOC and EC were qualified as the highest-weighted variables, respectively (Table 6). Since Av-K and SMBC had a significant correlation $(r=0.72^{**})$ (Figure 3A), Av-K was kept in MDS since it had the highest factor loading and SMBC was not considered. After that, linear scoring functions were employed to normalize and translate the sensitive key indicators, i.e., Av-K, TOC, and EC (Sharma et al., 2008). For PC1, PC2, and PC3, the weighted factors were 0.559, 0.251, and 0.190, respectively. The PCA-SQI for 0-0.05 m soil layer was calculated by the summation of the product of weightage and observed scores of each weighted indicator in MDS using Eq. 4.

$$PCA - SQI(0 - 0.05m) = 0.559 \times Av - K \text{ score} + 0.251$$
$$\times TOC \text{ score} + 0.190 \times EC \text{ score} \qquad (4)$$

The PCA-SQI varied throughout the management practices, ranging from 0.601 (CTM0N1) to 0.887 (NTM0N3) (Figure 2A) for 0–0.05 m soil layer. In comparison to CT, plots under NT increased the PCA-SQI by 16.38%, while residue retention led to a 9.51% improvement in PCA-SQI (Figure 2B). This finding clearly shows the advantage of following NT and residue retention for improving soil quality in the surface (0–0.05 m) layer.

3.5.2. Key soil indicators and PCA-SQI for 0.05–0.15 m soil layer

The 11 important soil indicators from the 0.05–0.15 m soil layer was also taken into account for PCA, however, only three PCs with

eigenvalues >1, which account for 78.06% of the variation in the data set, were deemed as major components (Table 6). In PC1, SMBC was determined to be the variable with the highest weight, followed by pH. Similar to this, PC2 defined BD and porosity as highly weighted factors, while PC3 showed Av-P as the highest weighted factor. As there was a high correlation between SMBC and pH (r=-0.80**), BD and porosity (r=-1.00***) (Figure 3B), pH and porosity were not considered for MDS as they had relatively lower factor loading compared to SMBC and BD, respectively. The weighted components that emerged for PC1, PC2, and PC3 were 0.443, 0.325, and 0.232, respectively (Table 6), followed by transformation of data using a linear scoring method. The weighted MDS indicator scores for each observation were added up using Eq. 5 to derive the SQI for 0.05–0.15 m soil depth.

$$PCA - SQI(0.05 - 0.15m) = 0.443 \times SMBC \text{ score} + 0.232$$

$$\times BD \text{ score} + 0.232 \times Av - P \text{ score}$$
(5)

The highest and lowest PCA-SQI was observed under NTM + N3 (0.933) and CTM0N1 (0.592), respectively (Figure 2C). It was also evident that, compared to CT-based plots, the NT-based plots exhibited a 12.38% improvement in PCA-SQI. The SQI was also improved by 18.75% with the crop residue mulch plots compared to residue removal plots (Figure 2D). So, the effect of NT and crop residue mulch on improvement in SQI was experienced in 0.05–0.15 m soil depth also.

3.5.3. Key soil indicators and PCA-SQI for 0.15– 0.30 m soil layer

In the 0.15–0.30 m soil layer, DHA, Av-P, and SMBC were found to be the highest weighted factors for PC1, PC2, and PC3, respectively. These three PCs with eigenvalues >1 explained a 78.5% variation in the data set (Table 6). There was no significant correlation between DHA, Av-P and SMBC (Figure 3C). Then these data were transformed by employing linear scoring functions. The weighted factors that emerged were 0.415, 0.315, and 0.270 for PC1, PC2, and PC3, respectively (Table 6). Using Eq. 6, the weighted MDS indicator scores for every observation were added up to produce PCA-SQI for 0.15–0.30 m soil depth.

$$PCA - SQI(0.15 - 0.30m) = 0.415 \times DHA \text{ score} + 0.315$$
$$\times Av - P \text{ score} + 0.270 \times SMBC \text{ score}$$
(6)

The measured PCA-SQI ranged from 0.591 (CTM0N2) to 0.957 (NTM + N3) depending on the management practices at the sub-surface layer (0.15-0.30 m) in the maize-wheat rotation (Figure 2E). PCA-SQI improved by 9.53% in NT plots compared to CT, while increased by 16.15% in residue mulching areas compared to no mulch plots (Figure 2F). NT and crop residue mulch were also found to improve the PCA-SQI in the sub-surface soil layer.

Overall, it was found that Av-K, SMBC, TOC, and EC were the sensitive key indicators for PCA-SQI in the topsoil layer. In addition, PCA-SQI in the 0.05–0.15 m layer of soil revealed SMBC, pH, BD, Av-P, and porosity as the primary indicators. Whereas DHA, Av-P,



FIGURE 1

Effect of tillage, residue mulch, and N management on EO-SQI in 0–0.05 (A,B), 0.05–0.15 (C,D), and 0.15–0.30 (E,F) m soil layers. CTM0N1, conventional tillage (CT) + residue removal + 50% recommended nitrogen dose (RND); CTM0N2, CT + residue removal + 100% RND; CTM0N3, CT + residue removal + 150% RND; CTM+N1, CT + residue mulching + 50% RND; CTM+N2, CT + residue mulching + 100% RND; CTM+N3, CT + residue mulching + 150% RND; NTM0N1, no tillage (NT) + residue removal + 50% recommended nitrogen dose (RND); NTM0N2, NT + residue removal + 100% RND; NTM+N1, NT + residue mulching + 50% RND; NTM+N2, NT + residue mulching + 100% RND; NTM+N3, NT + residue mulching + 150% RND; NTM+N3, NT + residue mulching + 150% RND; NTM+N3, NT + residue mulching + 150% RND;

and SMBC were the key indicators for the sub-surface layer (0.15–0.30 m). Analogous findings were reported by Das et al. (2021). According to Bünemann et al. (2018), the most often suggested soil quality indicators included TOC, Av-P, pH, soil water-related parameters, Av-K, and Av-N. In our study, BD and porosity were

found to be the most significant indicators of soil physical quality. Due to its significant influence on soil water, porosity, and other factors, BD is a significant indicator that regulates the soil water-air connection, particularly the soil pore's arrangement and the macropore's endurance (Bhattacharya et al., 2020). Consequently, it



FIGURE 2

Effect of tillage, residue mulch, and N management on PCA-SQI in 0–0.05 (A,B), 0.05–0.15 (C,D), and 0.15–0.30 (E,F) m soil layers. CTM0N1, conventional tillage (CT) + residue removal + 50% recommended nitrogen dose (RND); CTM0N2, CT + residue removal + 100% RND; CTM0N3, CT + residue removal + 150% RND; CTM+N1, CT + residue mulching + 50% RND; CTM+N2, CT + residue mulching + 100% RND; CTM+N3, CT + residue mulching + 150% RND; NTM0N1, no tillage (NT) + residue removal + 50% recommended nitrogen dose (RND); NTM0N2, NT + residue removal + 100% RND; NTM+N1, NT + residue mulching + 50% RND; NTM+N2, NT + residue mulching + 100% RND; NTM+N3, NT + residue mulching + 150% RND; NTM+N3, NT + residue mulching + 150% RND; NTM+N3, NT + residue mulching + 150% RND;

needs to be checked on a regular basis (Dam et al., 2005; Paz-Kagan et al., 2014). Greater HC is caused by the increase and connectivity of soil pores, which facilitate water infiltration also (Mishra et al., 2015).

The most significant indicators among soil chemical characteristics were TOC, Av-K, Av-P, pH, and EC (Askari and Holden, 2015; Salomé et al., 2016). The subtropical region of India suffered from poor soil quality as a result of high temperatures and

Soil layer (m)	0-0.05			0.05-0.15			0.15-0.30		
Principal Components (PC)	PC 1	PC 2	PC 3	PC 1	PC 2	PC 3	PC 1	PC 2	PC 3
Eigenvalue	4.85	2.18	1.65	3.80	2.79	1.99	3.58	2.72	2.33
Variation	44.10	19.81	14.97	34.56	25.38	18.11	32.55	24.76	21.19
Cumulative variation	44.10	63.91	78.87	34.56	59.94	78.06	32.55	57.31	78.50
Weight	0.559	0.251	0.190	0.443	0.325	0.232	0.415	0.315	0.270
Av-N	0.355	-0.127	-0.308	0.338	0.051	0.402	0.338	-0.040	0.368
Av-P	0.340	-0.134	0.026	0.224	-0.124	<u>-0.471</u>	0.159	<u>-0.524</u>	-0.094
Av-K	0.409	0.168	-0.022	0.431	0.194	0.101	0.289	-0.409	0.092
рН	-0.386	-0.278	-0.117	<u>-0.475</u>	0.110	-0.007	-0.403	-0.070	-0.356
EC	0.020	0.291	<u>0.652</u>	-0.073	0.360	<u>-0.444</u>	0.236	0.306	-0.067
Porosity	-0.244	0.455	-0.383	0.050	<u>-0.506</u>	-0.265	0.245	0.424	-0.269
TOC	0.096	<u>0.509</u>	0.291	0.181	0.376	-0.173	0.371	-0.172	-0.332
MWD	0.205	0.263	-0.156	0.276	0.143	-0.430	0.225	-0.215	-0.421
BD	0.244	-0.456	0.383	-0.050	<u>0.506</u>	0.265	-0.245	-0.424	0.269
SMBC	<u>0.393</u>	-0.071	-0.195	<u>0.486</u>	0.083	0.012	0.249	0.143	<u>0.523</u>
DHA	0.342	0.163	-0.160	0.263	-0.349	0.231	<u>0.434</u>	-0.038	-0.103

TABLE 6 PCA of significant soil attributes of all three soil layers during the fourth year of maize-wheat system.

Bold and underlined values represent the corresponding sensitive parameters having highest factor loading and parameters that varied by less than 5% in each principal component.

repeated cultivation (Mandal et al., 2008). It has been demonstrated that TOC is a very effective soil quality indicator (Biswas et al., 2017; Liu et al., 2017). Additionally, soil aggregates were greatly impacted by TOC (Bhattacharyya et al., 2004; Mandal et al., 2008). The increase in soil water holding capacity can be attributed to the higher TOC level in the soil (Das et al., 2016). In farming systems based on wheat, Av-K is a crucial soil quality indicator (Shahid et al., 2013; Basak et al., 2016). Av-K helps plants withstand drought, which is vital for the osmoregulation of plants. Plants may become vulnerable to drought because of a deficit of Av-K in soil. Cereal residues with greater K concentration improve soil K through the breakdown of plant residue in CA (Meena et al., 2018). Crop demand and soil K supply in the CA plots were coordinated. The significant effects of tillage, residue, and nutrient management on Av-K established it as an SQI indicator (Parihar et al., 2020). Av-P, which is crucial for crop growth due to its involvement in energy transfer reactions, was one of the significant chemical indicators that were carefully chosen. There is the direct involvement of phosphorus in processes such as respiration, photosynthesis, other metabolic pathways, root formation, grain quality, etc. (Tisdale et al., 1993). Soil pH is regarded as yet additional sensitive key indicator (Salomé et al., 2016; Biswas et al., 2017), possibly because of its effect on numerous soil properties and processes leading to nutrient availability. In addition to controlling nutrient availability (Schoenholtz et al., 2000), pH also controls microbial growth and the organic matter's turnover (Arias et al., 2005). Another important indicator was EC, which quantifies the salt content of the soil. It influences crop yields, crop compatibility, plant nutrient availability, and soil microbial activity. EC has been linked to quantities of nitrates, potassium, ammonia, etc. even though it does not directly detect any particular ions or salt compounds.

Soil microbial biomass C and DHA were identified in the current investigation as important biological indicators. In agroecosystems, nutrient cycling depends heavily on microbial biomass (van der Heijden et al., 2008; Mbuthia et al., 2015). Microbial activity, one of the most sensitive indices of soil quality (Liu et al., 2017), is significantly affected by soil management methods (Masto et al., 2008). Plant nutrition is significantly influenced by the mineralization of organic materials in the soil. Additionally, mineralization aids in predicting system yield, nitrate extraction from soils, and risk assessment for environmental pollution (Hirzel et al., 2012). Overall, the SQI was much greater under NT compared to CT. On the other hand, compared to plots with residue removal, residue mulching considerably increased the SQI.

3.6. Maize-wheat system productivity

The experimental data revealed that maize grain yield was significantly affected by tillage, residue, N management and their interaction (Figures 4A,B). NT improved the maize yield by 21.41% than that of CT, while it was 37.66% higher under M+ plots as compared on residue plots. N3 and N2 treatment had 49.08 and 25.53% higher yield than that of N1 treatment. Though there was comparable wheat yield under different tillage and residue management, while it increased significantly with the increase in the doses of nitrogen (Figures 4C,D). Similar findings were also reported by Adak et al. (2021). The wheat yield was expressed in terms of maize equivalent yield (MEY) and was added to the yield of maize to find out system productivity. The effect of different management practices on system productivity



was significant (Figures 4E,F). The highest (13.90 Mg ha⁻¹) and lowest (6.94 Mg ha⁻¹) system productivity were noted under NTM + N3 and CTM0N1 treatments, respectively. 15.17% improvement in the system productivity was observed under NT as compared to CT. Similarly, M+ also increased the system productivity by 24.15% than that of M0. The increased grain yield under the NTM+ might be attributed to favorable biological tillage and mulching effects. Under a no-tillage with residue retention condition, there was more infiltration, conservation of soil moisture, lower erosion and run-off, moderation of temperature, prevention of weed development, and higher microbial activity (Baghel et al., 2020; Ghosh et al., 2022).

3.7. Quantitative relationship between SQI and system productivity

A predictive and quantitative relationship was developed between system productivity in terms of maize equivalent yield (MEY) and EO-SQI (Figures 5A–C) and PCA-SQI (Figures 6A–C) of each soil layer after the fourth year of long-term CA practices. The system productivity in 2017–18 was considered for validation purposes of the impact of improved SQI on system productivity (Figures 4E,F). System productivity was considered as the dependent variable (y) and SQI as the independent variable (x) under various management techniques independently for each soil layer to fit the regression equations. It



FIGURE 4

Effect of tillage, residue mulch, and N management on maize (A,B) and wheat (C,D) yield and system productivity (E,F). CTM0N1, conventional tillage (CT) + residue removal + 50% recommended nitrogen dose (RND); CTM0N2, CT + residue removal + 100% RND; CTM0N3, CT + residue removal + 150% RND; CTM+N1, CT + residue mulching + 50% RND; CTM+N2, CT + residue mulching + 100% RND; CTM+N3, CT + residue mulching + 150% RND; NTM0N1, no tillage (NT) + residue removal + 50% recommended nitrogen dose (RND); NTM0N2, NT + residue removal + 100% RND; NTM0N3, NT + residue removal + 150% RND; NTM+N1, NT + residue mulching + 50% RND; NTM+N2, NT + residue mulching + 100% RND; NTM+N3, NT + residue mulching + 150% RN

showed a significant and positive relationship between system productivity and SQI. The estimated regression coefficients between system productivity and EO-SQI were significant, with R^2 =0.75 for topsoil, and R^2 =0.83 for 0.05–0.15 m layer (Figures 5A,B) whereas R^2 =0.72, and 0.82 for 0–0.05 and 0.05–0.15 m soil layers, respectively between system productivity and PCA-SQI (Figures 6A,B). However, the regression coefficients for both EO-SQI and PCA-SQI were lower

with $R^2 = 0.65$ and 0.60, respectively for 0.15–0.30 m soil layer (Figures 5C, 6C). Thus EO-SQI and PC-SQI showed similar trends and a similar relationship with system productivity. Thus, soil quality indices at topsoil and 0.05–0.15 m soil layer could account for 72–83% variation in the system productivity. These findings demonstrated that the soil's physical and biochemical indicators are influenced by tillage-based crop establishment practices with various residue management



strategies. Overall, it was observed that no-tillage and crop residue mulching had a positive effect on the soil's characteristics and system productivity (Saurabh et al., 2021). Use of crop residues as surface mulch assisted in improving soil biological activity, reducing weed growth, and moderating soil temperature. Higher crop productivity was the outcome of better soil health under these NT plots (Parihar et al., 2017a,b).

4. Conclusion

This study showed that conservation agriculture, even when it was only 4 years old, significantly improved soil quality, as measured by better soil biological, chemical, and physical health indices in the top soil and in soil depths of 0.05–0.15 m. Soil aggregation and organic carbon content were improved by agricultural residue retention and minimal soil disturbance. Additionally, residue retention increased the available P, K, and biological activity in the soil. The soil physical indicator *viz.*, BD and porosity; the soil chemical indicators *viz.*, TOC, Av-K, Av-P,

pH, and EC and the biological indicators viz., SMBC and DHA were identified as key indicators of soil quality for the surface and sub-surface soil layers in Inceptisol. These indicators can be used to detect changes in soil quality; however, they are soil-specific, and hence they should be used with caution. The plots under No tillage, residue retention and 150% RDN treatment led to highest soil quality index. Soil quality indices at top 0-0.05 and 0.05-0.15 m soil layer could account for 74-80% variation in the system productivity. The significant and positive relationship between system productivity and SQI is also indicative for the sustainable crop production under conservation agriculture. The relationship between SQI and system productivity will also be helpful for the prediction of crop yield using SQI in maize-wheat rotation. Our research suggests that no tillage, and residue retention with balanced fertilizer doses can be a practical substitute for conventional tillage for sustainable production with concurrent improvement in soil quality under maize-wheat rotation in NWIGP region of India. The findings from this study also will be crucial for enhancing soil health and achieving the objectives of sustainable development goal.



Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Author contributions

SA and KB conducted the investigation. SA, KB, TP, and SS implemented all the analysis. KB, PK, RS, and MS conceptualized the study. SA and KB prepared the original draft. KB supervised the experiment. All authors contributed to the article and approved the submitted version.

Acknowledgments

The authors thank the Division of Agricultural Physics, Soil Science and Agricultural Chemistry and Environmental Science, New Delhi, India. SA acknowledges the support received from Department of Science and Technology, GoI during the study period. It is happily acknowledged that during the study time, the Director, IARI, provided logistical help.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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10.3389/fsufs.2023.1230207

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